



Patient Information - Hypnotics

Medication Name (with Generic)	
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Expected Benefits	Hypnotics are used to treat sleeping difficulties. Only after careful evaluation of potential causes of sleep, disturbances should use them.			
Alternative Treatments	You may discuss these options with your physician: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%; border: none;">a. No treatment</td> <td style="width: 33%; border: none;">b. Behavioral therapy</td> <td style="width: 33%; border: none;">c. Other types of medications</td> </tr> </table>	a. No treatment	b. Behavioral therapy	c. Other types of medications
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Important	It is very important to take your medicine as prescribed and to follow all of your physician's instructions while taking this medicine.			

Side Effects *	Any medication may produce unwanted side effects along with the desired results. Some side effects may appear even before the benefit from the medication is seen. If side effects do appear, they usually fade during continued treatment. Examples of side effects which may occur include:			
Frequently	Drowsiness	Dizziness	Abnormal dreams	
Occasionally	Urinary tract infection	Decreased libido	Confusion	
Rarely	Chest pain	Swelling in the arms and/or legs	Agitation	Facial swelling

***ANY SIDE EFFECTS SHOULD BE REPORTED AND DISCUSSED WITH THE DOCTOR, NURSE, AND / OR PHARMACIST.**

Interactions with other meds, natural products	Sometimes medicines interfere with each other. You should tell each doctor or dentist you see about all medications you are taking. It is very important to consult with your physician or pharmacist to see if the other medicines you are taking (including those obtained without a prescription) are compatible with this medicine.
Cautions	<ul style="list-style-type: none"> • Some patients may be allergic to this medicine. Symptoms might include skin rash, hives, and pruritus or itching. • Avoid alcohol with these drugs, as effects will be intensified. • Your ability to drive or operate machinery may be affected; use caution. Do not drive or use machinery after taking this medication • Other Central Nervous System (CNS) depressants may intensify the effects of hypnotics • Keep out of the reach of children
Food Interaction	Food decreases and delays absorption