



Patient Information - MAO Inhibitors

Medication Name <i>(with Generic)</i>					
Expected Benefits	These medications may be used to treat conditions other than those listed. A Monoamine-Oxidase (MAO) Inhibitor is a medication used to relieve depression and certain types of anxiety. An MAO Inhibitor is often prescribed for several months after improvement is seen. It may take one to four weeks before improvement is felt when beginning the medication.				
Alternative Treatments	You may discuss these options with your physician: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">a. No treatment</td> <td style="width: 33%;">c. Electroconvulsive Therapy (ECT)</td> </tr> <tr> <td>b. Psychotherapy</td> <td>d. Other anti-depressant medications</td> </tr> </table>	a. No treatment	c. Electroconvulsive Therapy (ECT)	b. Psychotherapy	d. Other anti-depressant medications
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Important	It is very important to take your medicine as prescribed and to follow all of your physician's instructions while taking this medicine.				

Warning Food Interaction	<p>Combining this medication with certain foods can lead to a sudden and critical rise in blood pressure. Symptoms of high blood pressure include severe headache, nausea, and vomiting. If these symptoms are experienced, contact your physician at once. If you consult a doctor that did not prescribe this medicine, give the name of this drug and explain it is an MAO Inhibitor</p> <p><u>Food to be AVOIDED include:</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Caffeine (including coffee, tea & cola drinks)</td> <td style="width: 33%;">Broad Beans (Fava, Horse beans)</td> <td style="width: 33%;">Cheese</td> </tr> <tr> <td>Chocolate</td> <td>Yogurt</td> <td>Chicken Livers</td> </tr> <tr> <td>Herring (both pickled or kippered (dried/salted))</td> <td>Beer</td> <td>Red Wines and Sherry</td> </tr> </table>	Caffeine (including coffee, tea & cola drinks)	Broad Beans (Fava, Horse beans)	Cheese	Chocolate	Yogurt	Chicken Livers	Herring (both pickled or kippered (dried/salted))	Beer	Red Wines and Sherry
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Side Effects *	Any medication may produce unwanted side effects along with the desired results. Some side effects may appear even before the benefit from the medication is seen. If side effects do appear, they usually fade during continued treatment. Examples of side effects which may occur include:		
Frequently	Dry Mouth Nausea, diarrhea or constipation	Headache Drowsiness Skin reaction at the patch site	Inability to sleep Dizziness or lightheadedness
Occasionally	Involuntary muscle jerks Low blood pressure Reduced sexual desire Difficulty reaching orgasm	Weight gain Difficulty starting urine flow	Muscle cramps Prickling or tingling of the skin
Rarely These symptoms may indicate a life threatening condition. Contact your doctor immediately	Anxiety Agitation Lack of coordination	Sweating Confusion Rapid heart rate	Tremors Restlessness

***ANY SIDE EFFECTS SHOULD BE REPORTED AND DISCUSSED WITH THE DOCTOR, NURSE, AND / OR PHARMACIST.**

Interactions with other meds, natural products	<p>Sometimes medicines interfere with each other. You should tell each doctor or dentist you see about all medications you are taking. It is very important to consult with your physician or pharmacist to see if the other medicines you are taking (including those obtained without a prescription) are compatible with this medicine.</p> <p><u>Medications to be AVOIDED include:</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 25%;">Demerol (potentially fatal)</td> <td style="width: 25%;">Cough Syrups</td> <td style="width: 25%;">Novocain</td> <td style="width: 25%;">Diet Pills</td> </tr> <tr> <td>Allergy Medications</td> <td>Eye Drops</td> <td>Nose Drops</td> <td>No-Doz</td> </tr> </table>	Demerol (potentially fatal)	Cough Syrups	Novocain	Diet Pills	Allergy Medications	Eye Drops	Nose Drops	No-Doz
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Cautions	<ul style="list-style-type: none"> • Some people are allergic to these medicines. Symptoms may include skin rash, itching, sneezing, fever or swelling of the face or tongue. Contact you doctor immediately if you develop any of these symptoms. • Avoid all alcoholic beverages until your regular daily dose has been established. As long as you take this medication, do not drink beer or red wines and if you decide to drink other alcoholic beverages, use extreme caution. Be advised that the effects of both alcohol and this medication may be intensified. • Your ability to drive or operate machinery may be temporarily impaired due to possible drowsiness or less of muscle control. Avoid driving or operating machinery until you know how you will react when taking this medication • This medication should only be used during pregnancy when the potential benefits outweigh the unknown potential hazards to the unborn child • Safety and effectiveness for use in children below the age of 6 years have not been established • Do not breastfeed while taking these medications 								
Food Interaction	Tyramine containing foods should be limited and include: all cheeses, avocados, bananas, bean curd or Tofu, beer or ale, caviar, chocolate, bologna, salami, pepperoni, summer sausage, liver, meats prepared with tenderizer, miso soup, over ripe fruit, raisins, red wine, sauerkraut, sherry, soy sauce, vermouth, yeasts, yogurt								